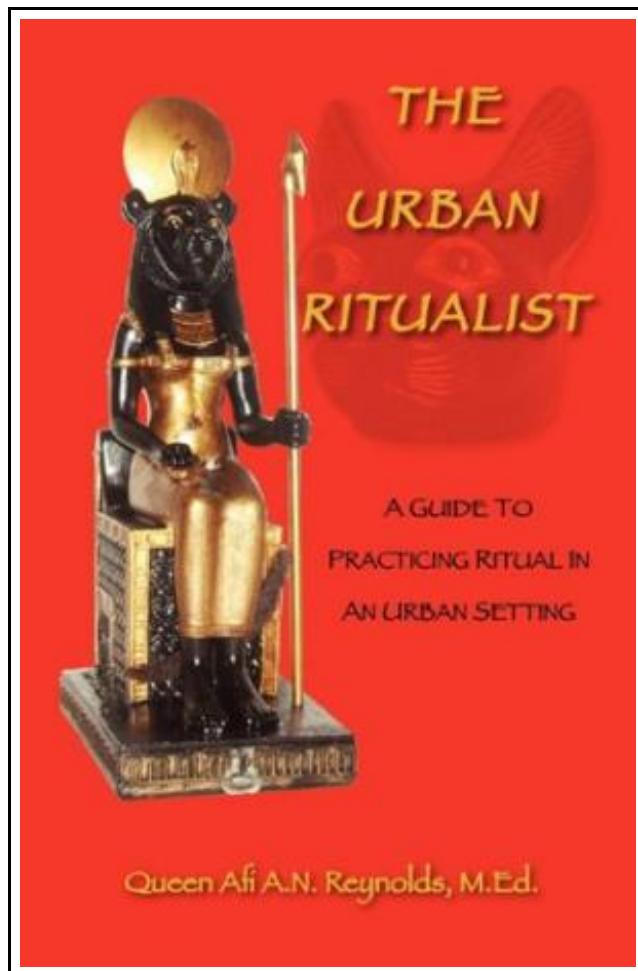


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Outskirts Press, United States, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Taking self-help to new heights and learning to cultivate your divine spiritual self in any environment, The Urban Ritualist uncovers the divine purpose of all beings, to strengthen the divine spirit within and use its power to uplift human consciousness. The term self-help is indicative of humankind's desire to elevate themselves - their physical, social, and economic conditions. This desire to change has been linked to the universal changes that are taking place in terms of the earth, and universal energy. Although many believe that our thoughts have the capacity to manifest the changes we desire, and in many ways it does, there is another part to the equation. It's not all about what you think, it's also about who you are. To Know Thyself is the most recognized edict given to humankind by the ancient Kemetians. It is the foundation of transformation work and the lifeblood of magic. In The Urban Ritualist, the path to know oneself and cultivate spiritual growth and development is laid out. Spirituality and ritual are examined from an ancient African and African American worldview as researched and expressed by African and African American scholars and practitioners over the last 60 years. It examines the importance of culture and the role it plays in one's practice of ritual. The book brings into question the values a culture holds, and encourages its readers to examine their personal values, attitudes, and beliefs. Finally, the book examines the various energies, inherent in the elements and environment that, when activated en masse, will elevate the magic that will hold this universe together. The Urban Ritualist is for persons of all ages, cultures,...

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