



Undercover Super Smoothies for Kids: Secretly Healthy Smoothies That Your Children Will Love

By Morris Odom

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Smoothies That are so Delicious That Your Child Doesn't Know They are Also Healthy If your child loves smoothies, then this book is perfect for you. There are a variety of recipes for you to choose from including breakfast smoothies and smoothies for a child with a sweet-tooth. There is a smoothie than incorporates protein and many include one or more types of fruit. You can add vegetables to your child's food by incorporating it in a green smoothie. There is even a recipe for healthy toddler treats.



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