



Reverse Gut Diseases Naturally: Cures for Crohn's Disease, Ulcerative Colitis, Celiac Disease, IBS, and More

By Michelle Honda

Hatherleigh Press, U.S., United States, 2015. Paperback. Book Condition: New. 230 x 152 mm. Language: English. Brand New Book. The Long-Awaited Resource for Those Seeking to Reverse Gut Disease Naturally. More than 50 million Americans struggle with gut diseases like Crohn's disease and colitis. With traditional medicine offering little in the way of lasting, low-risk solutions, more patients are turning to the world of natural medicine. With Reverse Gut Diseases Naturally, learn to work with your body to achieve safe and sustainable results that will let you reclaim your life and your independence. Reverse Gut Diseases Naturally contains step by step, do-it-yourself instructions to help you reverse gut disorders and restore health. Complete with healing remedies, dietary regimens, and protocols for every stage of healing and maintenance, Reverse Gut Diseases Naturally also includes the most effective dietary programs proven to help treat gut dysbiosis and other intestinal ailments. Featuring alternative solutions to potentially harmful prescription drugs, as well as safe food choices and a guide to herbal medicine, Reverse Gut Diseases Naturally helps you regain your sense of health and wellbeing. Touching on every aspect of gut disease, including: risk factors and common causes of gut disease; supporting your...

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